

## SPORTS

**FootActive**  
Australian Premium Insoles

## ORTHOTIC INSOLES



## SUPPORT & CUSHIONING

### Biomechanical re-alignment

#### Fitting & Care Instructions:

Please remove any existing insoles or lining from your shoes before inserting FootActive. If required, FootActive insoles can be trimmed to size with scissors at the toe end. It may take a while to get used to the arch support. Please wear FootActive for just a few hours a day, gradually increasing the hours of wear until they feel comfortable. You may clean the insoles with a warm soapy cloth. Do not soak them or put them in the washing machine or dryer.



### Support and re-alignment for sports and running

FootActive Sports is a unique orthotic insole that provides both biomechanical support, as well as excellent shock-absorption and cushioning.

Specifically designed to reduce the high impact on our feet during sports and running, FootActive Sports helps relieve and prevent common sports injuries. FootActive Sports also controls 'excess pronation' - a major contributing cause of sports injury and foot complaints.



*FootActive supports the arch and re-aligns the foot and ankle*

- Developed by Australian podiatrists
- Moisture-wicking top layer
- Biomechanical arch support
- Shock-absorbing gel heel and forefoot pads
- Built-in metatarsal raise
- Suitable for most types of sports shoes, running and walking shoes, tennis and basketball shoes

#### FootActive helps relieve & prevent:

- Heel pain (Plantar Fasciitis) • Achilles Tendonitis
- Ball of foot pain (Metatarsalgia)
- Shin Splints • Runner's Knee
- Ilio-tibial Band Syndrome

FootActive Sports orthotics are suitable for all types of sports shoes including joggers/ runners, tennis or golf shoes. Also suitable for hiking or work boots.

